"The Spirit of Lei Feng" and Ideological and Political Education of Contemporary College Students

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Abstract. The ideological height and depth of college students is the foundation of our nation's future elite intellectual class, and the healthy growth of this group is related to the fate of the whole country and the nation. "The spirit of Lei Feng" is the result of the successful practice of the advanced theory of communism in the contemporary social life. It is in line with the characteristics of the times and the requirements of social development. It also has rich connotation and strong appeal and great guiding value for improving the ideological level of contemporary college students.

1. Introduction

College students are the pillar and hope of the country and the nation, as well as the important talent resources of the country. In this era of multiple values, the ideological height and depth of college students will form the foundation of our nation's future elite intellectual class. The healthy growth of this group is related to the fate of our whole country and nation. In the 20th century, the "The spirit of Lei Feng" appeared in Angang, Liaoning Province, is the result of the successful practice of the advanced theory of communism in the contemporary social life, which conforms to the characteristics of the times and the requirements of social development. It has shown great advantages in promoting and guiding the harmonious development of society and economic development. Its rich connotation and strong appeal are reflected in themselves, which have great guiding value in terms of improving the ideological level of contemporary college students.

2. The Connotation of "The spirit of Lei Feng"

The essence and core of Lei Feng's revolutionary spirit, which is constantly enriched and developed in practice, is to serve the people wholeheartedly and contribute selflessly for the cause of the people. It has become a synonym of spiritual civilization and a symbol of advanced culture in our times. Premier Zhou summed up Lei Feng's spirit comprehensively and incisively as "the class position with clear love and hatred, the revolutionary spirit with consistent words and deeds, the communist style of public and selfless, and the fighting spirit of the proletariat who is desperate for his life"

3. A Profound Explanation of "The spirit of Lei Feng"

(1) To take on our responsibilities and put them into action, we must face everything with a positive attitude. We often say that Lei Feng's mind is positive—because he did not give up his efforts because of the imperfections in society, and he did not care what the society could give him, but more about what he had done for the society.

(2) We should really take on our own social responsibility and put ourselves in them. We should be referees, athletes, critics and practitioners. From the reality of social moral construction, we do know what is true, good and beautiful, what is false, evil and ugly, whereas, what we are lack of is to put theory into practice. To know the value of Lei Feng's spirit lies in his practical practice of the Chinese traditional culture, which requires "not to do good but not to do bad". At the same time, he also practices our party's purpose of serving the people wholeheartedly.
It is very important to trust the effect of every effort to truly undertake our own social responsibility. Indeed, compared with the whole world, our individual strength is very limited, but if each of us acts towards a goal, then a power of uniting to change everything will be formed. As philosopher Hegel said: "a straw can press a donkey"—The reason why “a light straw can press a strong donkey” is that this straw is put on the critical point. Therefore, as long as we do everything as Lei Feng did, we will make great contributions to the society.

Of course, we also need to emphasize that in order to carry out. The spirit of Lei Feng in this era, show its value of the times and play its role in leading the society, we must constantly and persistently carry out The spirit of Lei Feng. This may be more important for us to learn from and carry out Lei Feng's spirit in the future.

4. The Enlightenment of "The spirit of Lei Feng" to the Ideological and Political Education of College Students

4.1 Strengthen the Education of College Students' Sense of Social Responsibility

Most of the contemporary college students were born in the late 1990s. In this period, China is in the stage of social stability and development. Therefore, the life of this generation is more comfortable, less suffering from difficulties and setbacks. These are easy to make college students lack ideals and beliefs, consider their own interests first. On the other hand, these may also make them believe that individualism is dominant. In the long run, they will be lack of the spirit of collective cooperation and social responsibility. Comrade Lei Feng embodied the political nature, value orientation, fine tradition and spirit of the times of the Chinese working class. He had always maintained the working class's spirit of ownership in the new era. He considered the factory as his home, he loved his work and worked hard, strived for excellence. He had made extraordinary achievements in ordinary jobs. In his body, he not only inherited the spirit of "loving the factory as it is his family and working hard" of Meng Tai, an old great hero, but also integrated the spirit of "never rusty screws" of Comrade Lei Feng and the spirit of "three old, four strict and four same" of Iron Man Wang Jinx. It was the high sense of social responsibility that made Lei Feng always kept the same character and passion as iron, and realized the value of life in promoting economic and social development step by step. Therefore, it is of great significance to carry forward the "The spirit of Lei Feng" among college students and learn from Comrade Lei Feng’s advanced deeds and lofty morality.

4.2 Strengthen the Education of College Students' Social Morality

We are in an era of multi-culture. While enjoying the rich spiritual and cultural achievements brought by multi culture, we often lament the indifference of human feelings and the lack of morality. Influenced by the evil social atmosphere, some college students are out of line with their moral cognition and behavior. They believe that the people who talk about dedication are "heroes of history and fools of reality". They should be paid for services and lack of dedication. Chinese people with conscience and sense of responsibility are calling for the return of morality and carrying forward the traditional virtues of the Chinese nation. The spirit of dedication embodied by Lei Feng vividly explains the role of model and reveals the power source of morality, which is the precious spiritual wealth of the Chinese nation. As the future builder and reliable successor of the motherland, college students shoulder the future construction of the motherland. We must absorb nutrients from "The spirit of Lei Feng" and persistently practice Chinese traditional virtues and socialist morality with practical actions. We are supposed to follow Comrade Lei Feng’s step, to show the world lofty moral values, with our own practical actions to inspire everyone to dedicate, with a long-term commitment to love, to arouse more people's conscience, and encourage more people to do more.

4.3 Strengthen the Education of Scientific Development and Values of College Students

Due to the lack of social experience, college students’ Outlook on life and values are in the
formative stage. The rapid development of China's market economy is very easy for them to form self-centered and money oriented values, which seriously deviate from the expectations of the party and the state for college students. "The spirit of Lei Feng", as a great practice of the scientific outlook on development, takes serving the people as the core and seeking interests for the vast majority of people as the lofty goal of life. Comrade Lei Feng gained pleasure from helping others and he was proud of his dedication. In the flood of Fushun in 1960, in spite of his impoverished economy status, Lei Feng donated 200 yuan saved from the factory and the army from his bankbook to people in the stricken area. In the case of serious natural disasters in China, he donated all his savings for national construction. Lei Feng had won many weighty awards since he joined the army. He was elected as a deputy of the Municipal People's Congress and attended the first meeting of the Communist Youth League of Shenyang Military Region. Lei Feng, with the action of an ordinary person, he had sent warmth to the people; with the action of a party member, he fully explained the party's purpose, which is to serve the people wholeheartedly. Taking Lei Feng's vivid deeds as the teaching materials, these are very important and positive for improving the resistance of contemporary college students to the negative thoughts such as money worship, individualism and hedonism, and guiding them to establish correct ideas, outlook on life and values.

4.4 Strengthen the Education of College Students to Establish the Correct Concept of Honor and Disgrace

The concept of honor and disgrace is an important content of the world outlook, outlook on life and values. It is also the comment, evaluation and selection standard of certain society and individuals on what is honor and what is disgrace. It is a concentrated reflection of the outlook on life, values and morality in a certain society, a moral category with rich connotation, which has a profound impact on people's value pursuit and value judgment. However, the correct concept of honor and disgrace will not appear out of nowhere. It must be developed through learning. "The spirit of Lei Feng" just provides us with practical examples. As college students in the new era, we should follow the trend of the time, take The spirit of Lei Feng as the driving force, regard establishing the correct concept of honor and disgrace as the basis of morality and the starting point of politics, and then become a glorious member of the Chinese people and the pioneer team of the Chinese nation, and shoulder the important task. In a word, "The spirit of Lei Feng" enriches the theoretical foundation of building harmonious socialism, and at the same time, it also gives new contents and forms of ideological and political education to contemporary college students.

5. Carrying Forward "The Spirit of Lei Feng" and Strengthening Ideological and Political Construction in Colleges and Universities

5.1 Generally Strengthen the Ideological Education of Students

In order to deepen the ideological education in Colleges and universities, the ideological and political teachers should actively carry forward the "The spirit of Lei Feng". This will help contemporary college students to establish the spirit of patriotism, hard work, thrift, pioneering and enterprising, and make them more willing to help others, and make practical efforts. College students should integrate the "The spirit of Lei Feng" into all aspects of daily learning and life, with the "The spirit of Lei Feng" as the reference. In order to play its due role in the future modernization of the motherland and lay a solid foundation, we should study technique and theory hard and practice hard. We should also be equipped with firm will and perseverance in thinking, and be brave in exploring and willing to contribute in practice. In the face of the fact that The spirit of Lei Feng is indisputable, strengthening the ideological education of college students is not only a new supplement to the ideological education of college students, but also a requirement to cultivate qualified college students under the characteristics of the new era.
5.2 Combining The Spirit of Lei Feng with the Characteristics of the Times

College educators should guide college students to learn from Comrade Lei Feng's patriotic spirit, realistic and practical scientific spirit, selfless service spirit, unity and cooperation spirit, integrity and fairness of the law-abiding spirit, guide them not to be afraid of arduous struggle spirit, cultivate college students to closely integrate "The spirit of Lei Feng" with the characteristics of the times, and educate students to develop in college life. Meantime, it is significant to educate them to take work seriously, live frugally, cherish time, study hard, unite and help each other, and help the poor. In addition, it is also educators' responsibility to teach college students consciously practice the socialist core value system and make greater contributions to the motherland and society. It is an important subject of ideological and political education in Colleges and universities to make The spirit of Lei Feng develop among college students.

5.3 Highlighting the Exemplary Leading Role of Student Party Members

In the ideological and political education of college students, we should strengthen the development of Party members and give full play to their exemplary vanguard role. We should also give full play to the active role of college student party members in ideological and political education, and make them the backbone and backbone to lead students to complete various teaching tasks. The party construction of college students is a primary and important work. Due to the promotion of the popularization of higher education and the acceleration of the pace of developing party members among college students, although the number of Party members among college students has grown rapidly at present, it is an indisputable fact that some of them have different political theoretical literacy and lack mass awareness and dedication. How to play the role of student party members is an important task for the ideological and political teachers in colleges and universities. To carry forward Lei Feng's spirit is to educate and guide college student party members to be strict with themselves, take serving the people as their firm ideal, belief and value pursuit, faithfully perform the duties and obligations of Communist Party members, give full play to their ten leading roles, pioneering and exemplary roles, guiding and exemplary roles, and win the heartfelt love of their classmates leading college students to change their ideology and values, so that more college students are more likely to actively pursue progress. It is conducive to promote students' thinking and ensuring the smooth progress of teaching, scientific research and other work.

5.4 Carrying Forward "Lei Feng's Spirit" and Enhancing college Students' National Pride

National pride is an important factor of patriotism and plays an important role in the development and prosperity of a nation. College students have a comprehensive understanding of The spirit of Lei Feng, learn from his deeds, and enhance their national pride.

Since the founding of the Communist Party of China, it has led the people of all ethnic groups in the country to make arduous efforts and made brilliant achievements in various historical periods of revolution, construction, reform and opening up. Under the leadership of the Communist Party of China, he defeated Japanese imperialism and overthrew three mountains; after the liberation of China, he led the people of the whole country to win the victory of resisting the United States and wishing for the DPRK under extremely arduous conditions, the victory of the counterattack against India and Vietnam in self-defense, carried out the socialist industrialization construction and developed two bombs and one star; after the reform and opening-up in 1979, he led the Chinese economy in just 30 years. As the world's second largest economy, the achievements made by the Chinese nation not only benefit the Chinese people, but also increase their national pride. After the Opium War in 1840, China fell into a semi colonial and semi feudal society. In order to get rid of the oppression of foreign capitalism and domestic feudalism, the Chinese people carried out a long-term and indomitable struggle. Lin Zexu's and Wei Yuan's "learning from the foreigners to control them"; Hong Xiuquan's anti Qing peasant uprising; Kang Youwei's and Liang Qichao's "reform and striving for strength"; Sun Yat Sen's Xin The revolution of Hai, however, ended in failure. The founding of the Communist Party of China in 1921 led the whole nation to the arduous struggle. In just 28 years, the new China was established, and the dream that many people of lofty ideals failed
to realize in the past 100 years has come true. From 1949 to 2018, it only took 69 years to realize the great development of politics, economy and military affairs, Xi Jinping's socialist ideology with Chinese characteristics in the new era; one country, two systems, the return of Hong Kong and Macao; Liaoning aircraft carrier, J-20 fighter aircraft and 20 large transport aircraft; Shenzhou, Tiangong and Chang'e spacecraft; Galactic supercomputer; quantum satellite; high-speed rail trains all over the country; people's life has reached a well-off level in general. It only took 97 years since the founding of the Communist Party of China in 1921, but it has led China to make remarkable achievements. Only by carrying forward the "The spirit of Lei Feng" and enhancing the national pride of college students, can we arouse their national consciousness and sense of belonging, so as to gather their national strength.

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References