Investigation and Analysis on the Status Quo of Reserve Talents in Competitive Gymnastics in Jiangxi Province

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Abstract. Backup talents construction is an important factor in the decision whether a sport long-term can stable development, traditional sports reserve personnel training mode present a lot of drawbacks in today combination of teaching and sports" training mode is gradually being accepted by society. Jiangxi Xinyu Xingang elementary school, using the model of "combination of combining" gymnastics reserve talented person made remarkable achievements, Its rising situation and the development of Jiangxi province gymnastics reserve talented person the present situation of the decline in the overall quality is in stark contrast.

Distribution and Development of Gymnastics Training base in Jiangxi Province

Provide the gymnasts with the equipment and hardware required for training, The development level of the training base directly determines the actual effect of athletes’ participation in training, According to the investigation, there are 9 training bases in Jiangxi province, and the layout is reasonable. Nanchang sports school adopts the traditional training, learning and life training mode, this kind of running mode is the place where the former Soviet gymnastics training base is used for the training of gymnasts, Its emergence has made outstanding achievements for China's competitive sports. This kind of training mode, due to the regular systematic training and rapid improvement of sports skills, has cultivated many excellent talents in Jiangxi province. But this kind of training mode of "three concentrations", training, study and life on the time distribution of sports schools own arrangement, in the pursuit of priority under the background of competitions, assigned to students' study and life on the time and energy will be reduced correspondingly, has adverse effects on the growth of students. Xinyu gymnastics training center is located in Xingang primary school, which is jointly managed by xinyu education bureau and sports bureau. Gymnastics coaches is a school teacher of physical education, and specializes in gymnastics training typically exposes, gymnastics typically exposes student registration is xinyu gymnastics team player, and a new primary school of normal students. Gymnastics typically exposes a small player, scattered in the same grade of the class at ordinary times, together with ordinary students to learn cultural knowledge, the training time is unified to the inside of the school gym training school not because they are a player and reduce the demand for learning their culture. Pingxiang sports bureau USES the way of training are the two centralized management system of training and learning, due to the shortage of teacher resources, hardware facilities, not guaranteed of financial investment and the effect of learning and training not guaranteed. Jiujiang city and Yingtan city sports school adopt the training system, the school is only responsible for the training of the athletes, the management of students and training are facing great difficulties, training time and training effect is difficult to get effective guarantee. In Yichun, Ganzhou, Shangrao and Jingdezhen are unable to independently train gymnasts because of the lack of qualified teachers and facilities. They can only send students to other areas for cultivation. Through field investigation that the gymnastics training base in Jiangxi province, Nanchang, xinyu facilities are complete, and the conditions of the other cities is not very good, such as the scarcity of Jiujiang gymnastics base of grounds and equipment, not for
regular training; The gymnastic movement in Yichun city has been severely atrophic, and it has become the weak team from the original strong team.

Investigation and Analysis on the Construction of Gymnast Echelon in Jiangxi Province

The distribution of gymnastic athletes from 2009 to 2012 in Jiangxi province

From 2009 to 2012, the number of registered athletes in Jiangxi province registered negative growth for three consecutive years, and the rate of staff shrinkage increased year by year. The number of registered personnel is shrinking rapidly, the prospects for the development of the reserve talents in Jiangxi are not optimistic, and the sustainable development ability of competitive gymnastics is worrying.

Jiangxi provincial gymnastics project money coach condition

A questionnaire survey of gymnastics coaches in Jiangxi province was found. There are insufficient funds for athletic gymnastics training in Jiangxi province. The subjective feelings of the coaches can reflect the gap between the different cities in terms of expenditure. Through the interview, it is learned that the training funds of sports gymnastics in Jiangxi province are relatively unitary, and most of the funds are allocated by the superior departments, and there are few corporate sponsors.

The distribution of athletes from 2009 to 2012 in Jiangxi province

In Jiangxi province during 2009-2012, there were 311 gymnastic registered athletes. During the four years, the development of various regions was seriously uneven. The reasons for this phenomenon are: the sports departments of various districts in the province attach different importance to the construction of gymnastics. Some cities gymnastics training point of training funds nervous, training facilities humble, training venues not guaranteed, and a grave shortage of training equipment, recruitment difficulties, serious lack of number of coaches, trainers, athletes, liquidity.

Investigation and Analysis on the Construction of Gymnastics Coaches in Jiangxi Province

The distribution of gymnastics coaches in Jiangxi province

The total number of coaches in Jiangxi province is only 23, Small and unevenly distributed. Besides the eight coaches working in the provincial gymnastics center, The area with the largest number of coaches is nanchang sports school and Xinyu Xingang primary school. There is only one coach in three other areas. The lack of direct coaching has hampered the development of gymnastics.

Jiangxi provincial coach education background

Jiangxi athletic gymnastics coaches are mainly undergraduate education, There are a small number of highly educated and low-educated people, The distribution is "pear shaped". With the development of science and technology and the scientific training of athletic gymnastics, The knowledge and ability of the coach need to be improved constantly.

Jiangxi provincial coach professional title situation.

The Jiangxi provincial coach team is mostly junior and intermediate coaches, The title level is not very high. Among them, senior coaches and first-level coaches are mainly distributed in the gymnastics management center of Jiangxi province and the sports school of Nanchang. Other cities are mainly intermediate coaches and junior coaches.

Sports grade of coaches in Jiangxi province.

Most of the gymnastics coaches in Jiangxi province have the experience of gymnastics. Relatively lack of advanced theoretical knowledge; About a third of coaches from both professional and sports schools, This part of the coach is the ideal candidate for gymnastics training; Sports
college graduates lack sports experience, in teaching and training, it is easy to be divorced from reality; visible, in Jiangxi province, the gymnastics coach team has more than half of the systematic professional theory study.

**Jiangxi provincial coaches coaching years**

At present, the team of the gymnastics coach team in Jiangxi province presents the "dumbbell type", which is the middle of the two large ones, and more than 10 years or more is the golden stage for coaches, this indicates that the age structure of the coaches in Jiangxi province is not very reasonable and needs further optimization.

**A survey on the attitude of gymnastics coaches in Jiangxi province**

In the interview and investigation of all gymnastics coaches in Jiangxi province, there is a great difference in the attitude of the gymnastics coaches in Jiangxi province on the cultivation methods of "teaching body combination". Seven people were very supportive, they're in this system, It is very well understood and very supportive of this system; There are five people who are more supportive; One person remained neutral; There are six people who are not very supportive of the teaching; There are four coaches who don't support teaching. The two coaches mainly focus on nanchang sports school and Jiangxi provincial gymnastics management center. The coach has the best training conditions and adequate financial support in the province, For many years, under the three-level training system, Completely adapted to this kind of work environment, They think that the traditional training model is the guarantee of the performance of the athletes. Therefore, the cultivation mode of "teaching body combination" is not very supportive. Stable working environment is an important factor that affects the motivation of coaches, Through the interview, I learned that the coaches of Xingang primary school were satisfied with their working environment, I'm also highly motivated, Other city gymnastics coaches work environment is not stable enthusiasm is not high.

**Conclusions and Recommendations**

**Conclusions:** The development of gymnastic reserve talents in Jiangxi province is declining, The training status of a small gymnastic reserve in xinyu city keeps rising: The total number of gymnastic training in Jiangxi province decreased year by year, The number of gymnastic training in Xingang primary school is stable and improving; The overall atrophy of the coaches, But the staff of Xingang primary school remained stable.

**Recommendations:** 1. Increase the cost of gymnastics and strengthen the construction of gymnastics training bases. 2. Establishing scientific and reasonable competition planning, We will implement the performance of the competition and the reward system for transporting talents. 3. To develop a long-term training program for coaches at the grassroots level, constantly improve their theoretical knowledge and scientific research ability. 4. We will increase scientific research work, Improving technology and equipment, to cultivate the scientific research ability of gymnastics, Improve the science of training. 5. To increase the publicity of gymnastics, Let the whole society know about gymnastics, I love gymnastics, Take exercise.

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