The Development of College Football Teaching from the Perspective of Network

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Abstract: Nowadays, in Colleges and universities, football has been widely loved by students. It is no longer like a sports course before. In the present, students can often see the healthy posture of the students. Although the college students now have a high enthusiasm for football, the current football teaching is still very poor. Therefore, we need to change the current teaching situation, and put forward some suggestions for college football teaching reform.

Key words: college football; teaching situation; reform and innovation; related suggestions;
First, the complementarity between multimedia network teaching and traditional football teaching.

(1) in traditional teaching methods, schools do not attach importance to the cultivation of students' practical and adaptive abilities. The content of the course is boring and lacks its focus, which is not intuitive enough for students' teaching materials, and the data are not rich enough. In the process of learning, there is no right to choose independently, so it will be very passive. And according to the technical characteristics of football, a complete action is a moment, so if the students have not yet touched the football, the lack of a certain understanding of the complete technology of football, the teacher's demonstration teaching effect will be discounted, and if the explanation of football technology at this time will make the students not complete. Be familiar with its technical movements. And now, under the influence of the network, the method of multimedia network teaching is born. The teacher can play the technique of soccer technology to play video in the multimedia. In the process, the speed can be controlled to overcome the limitation of time and space, and the very short technical movements are presented clearly, and the process of playing is played.
In order to clarify the heavy and difficult points in the teaching of football, the students can have a clear understanding of the movement structure, details, process and methods of the football, thus forming a relatively standardized concept of technical action and showing the intuition of physical education.

(2) football teaching should be applied to many kinds of teaching methods. The traditional teaching methods include explanation, demonstration, etc. But with the continuous development of society and education, it is difficult to continue to use traditional teaching methods to carry out football teaching, which has been unable to meet modern development. For example, in the traditional teaching of high action demonstration, teachers come to demonstrate it personally, so it is easy to make mistakes or can not be completed at all. This is not conducive to improving the effect of actual football teaching.

(3) in addition, compared with the traditional teaching methods, the knowledge coverage of the multimedia network teaching is more extensive, the explanation is more specific, the display form is more abundant, the classroom teaching becomes more interesting, can stimulate the students' interest and meet the needs of the students in the knowledge. In a word, the teaching method of multimedia can improve the traditional teaching, make the process of the teaching more intuitive and image, and let the students understand and master the main points of knowledge, and also promote the students' self-study, so as to improve their enthusiasm and further improve the efficiency of the study. Multimedia teaching method is an important means of modern teaching. The use of multimedia enables its teaching method to be more advanced.

Two, the application of multimedia teaching method in football teaching.
1. through the multimedia teaching, to play the role of teacher led, to improve the quality of teaching: the modern method of teaching football is unique, must be a demonstration of the teacher's action, but there are some differences due to the teacher's physical quality, sports ability, knowledge opinion and so on, and the football itself is a more complex movement. Therefore, it is difficult for a teacher to demonstrate all kinds of difficult football skills. So mistakes are normal, and some teachers are tampering with teaching. The use of multimedia can solve these problems better. Some actions can be magnified and slowed down by multimedia, or teachers can't explain themselves, lighten their burdens and solve their shortcomings. To play the leading role of the teacher, we can also use the advanced teaching methods, such as multimedia computer and photography system, in the teaching of football, and can make it more vivid and vivid. The way of display has also become more rich and diverse, which can be made and established quickly and accurately, to improve the enthusiasm of the students, to make the teacher's work more efficient, and to make the teaching more simplified. So that we can give students enough time to exercise skills, improve teaching quality, and further optimize teaching.

2. promote the students' self-learning ability and create a high quality teaching environment: the application of multimedia teaching in the teaching of football technical action can make the atmosphere of the teaching better. The application of the multimedia teaching means can improve the ability of the football level, the technical movement is more standard, the display of the picture is more vivid, the slow motion is played more clearly. The rich technical analysis can improve the vivid and image of the teaching, make the teaching content more
intuitive, clear and concrete, and facilitate the understanding of the students. It also improves the enthusiasm of his learning. On the one hand, a better teaching effect can be achieved; on the other hand, under the same conditions, the standard of the students' technical movements can also improve their sports ability and promote the interest of the students in the football game.

In the teaching method of football, the school can make selective design and use of football game according to the content of the teaching. It can not only improve the students' interest in learning and the enthusiasm for football, but also help students to master and consolidate football skills and skills to raise their tactical awareness to enhance their students' body quality, so as to improve sports skills.

Three, the significance of football in University Teaching

1. It is helpful to improve the teaching effect of football teaching. Football itself is characterized by intense antagonism, and its technical and tactical level is also very high. In the course of teaching, teaching auxiliary games should be arranged reasonably, and the students, especially beginners, can avoid the negative psychology caused by the difficulty of practice, monotonous and boring. The use of football games as an auxiliary means of football teaching, through the creation of all kinds of basic techniques and basic tactics of football, teaching in the form of games, with clear technical and tactical requirements and rules.

2. It is beneficial to the cultivation of students' mental health. Playing football regularly can cultivate brave, tenacious, tough and courageous, solidarity and cooperation, dare to compete, abide by discipline and so on.

3. It helps to cultivate students' ideals of lifelong sports. School physical education is an important part of lifelong sports and a foundation for lifelong sports.

4. It helps to cultivate students' good moral character and sentiment. Football can not only develop students' physical quality and professional skills in a happy atmosphere, but also imperceptibly cultivate students' good moral character and sentiment. There are many competitions and antagonism in football. Therefore, in the game of football, students should strictly observe the rules and requirements of the game. In the range of rules, students show their own unique thinking ways and methods of activity. This helps the development of students' intellectual factors, and the development of intellectual factors creates conditions for the development of non intellectual factors. The knowledge and intelligence of football make students have the mentality of unwillingness to lag behind, and complete various exercises in the process of self encouragement and self order, which has a positive effect on the development of the will quality. In addition, the teaching of fun and entertainment directly affects the development of the students' character, temperament and personality, improves the interpersonal relationship, and helps the students to set up a correct and healthy aesthetic view, so that they have a high sense of responsibility and positive and responsible attitude. Such as compliance with rules and obedience from referees helps students to develop the habit of compliance with law and discipline; coordination and coordination in collective projects is conducive to the cultivation of collective and cooperative collectivist ideas; intense antagonism is conducive to cultivating the students' will quality without fear of hardship and hard work.
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