Research on the Educational Approaches for Problem College Students

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Abstract. Problem college students as a special social group, their presences are bound with education defect in some ways. In this paper, through the integration of personality, psychology and behavior of problem college students, the main approaches to solve problem college students' education are discussed. Research on the education approaches for problem college students, which is not only conducive to help problem college students out of the siege, regaining confidence in life, but also help to improve the ability of problem college students' education management, ameliorating the education system.

Keywords: problem college students, education approaches.

INTRODUCTION

Problem college students as a special group, with a certain degree of scientific and cultural quality, but in the personality, psychology, behavior and other aspects are quite different to normal college students. In order to make the students return to normal, colleges and universities should adhere to the principle of only students who have problems, no problem students, in the basis of education, comprehensive, targeted to take measures, from education content, education mode, education practice of these three aspects to guide students into the right path.

Strengthen Education Content.
The content of school education is very extensive. Besides the professional education, it is necessary to strengthen moral education, mental health education and psychological counseling education and special education.

Perfect Moral Education. Liu Haiyang, the Tsinghua student creates a great sensation, who on the sulfuric acid throwing bear incident publicly stated, as soon as we went to college, we had a basic course in law, and learned the principles of civil law and criminal law. I only know that it is illegal to hunt wild animals. However, it is not clear whether it is illegal or not
or not to burn animals in the zoo with reagent, now I get it[1]. Thus, the moral education in colleges and universities is particularly important. Colleges and universities should adhere to the principle of education first, moral education ahead, organic combination with the behavior of college students and the cognitive process to correct. Through the improvement of moral education, the teachers and students strive to establish a virtuous circle relationship. The university currently offers moral education course ideological and moral cultivation and legal basis, on the basis of grasping the theme and promoting positive energy, strengthening the national spirit and the spirit of the times, cultivating and practicing the socialist core values, to give students a correct outlook on life, world outlook, values, ethics and legal concept, to help them establish the ideals and beliefs, which can find the driving force of life.

**Strengthen Mental Health And Psychological Counseling Education.**

Popularize the knowledge of psychological health education and psychological counseling, to make students do self testing about personality and mental health, let students understand the personality characteristics and mental health of their own, and give guidance on the debugging method, which is convenient for students to recognize their own problems in personality, psychological and behavioral differences with other students. Understand their own problems, and be able to adjust or adapt to the psychological counseling. In addition, colleges and universities should adhere to carry out psychological census every semester, establish a good psychological files, to grasp the psychological development of problem college students.

**Value Special Education.** At present, there are few special education for different problem college students, which is one of the reasons why problem college students can not be solved. First of all, special education is aimed at the problem of undergraduate education, but the teaching object is facing all the students, so that problem college students will not be discriminated against or differently, while the normal college students can also check erroneous ideas at the outset. Secondly, the teaching to be interesting, flexible, using music, film and television, comedy and other way, let the students speak freely in a relaxed and pleasant atmosphere. Finally, the focus of teaching is problem self-examination. The teacher guides the students to find out whether there are some problems in their own problems through the psychological test, historical figures, realistic cases, video clips, personal stories and so on. At the same time, from the practice of others to understand the correct solution to the problem, it can be said that special education is a good channel for problem college students to self-dredge.

**Pay Attention to Education Mode.**

For problem college students' education mode, we should pay attention to appreciation education, frustration education, caring education and negative education.

**Frustration Education.** We should take the initiative to carry out the frustration of psychological training and frustration education. Regularly organize students to participate in some outdoor training, military training, hard training camp, long-distance running, internships and so on. Arduous life practice is conducive to the cultivation of students' spirit.
of hard work. At the same time, the university teachers should teach the students, actively vent their emotions, dialectically treat setbacks, bravely assume responsibility, and evaluate themselves objectively.

**Caring Education.** The education of problem college students should be based on caring. The application of caring education focuses on the ideological trends of problem college students, closing to the actual situation of students. Analysis the causes of the problem, observing carefully on students' cognition, emotion, volition, deviation in study, life and work, using the socialist core values to help them correct attitude to life, the right to choose the road of life. Caring education should pay attention to the skills of communication, empathy, standing on the perspective of students. It can be said that the root cause of the problem is the lack of love, caring education is the weapon to make up for the lack of love. Tao Xingzhi once said, love is a great power, without love there is no education[2]. Caring education is like a beacon, it will illuminate the psychological journey of problem college students.

**Negative Education.** Finally, the opposite of the way of education, combined with the public security organs, to carry out joint educational activities, and organize the students to visit the prison, the detention center, witnessed the living arrangements by regulators of the day, the prisoners experience, so as to enhance the students awareness of punishment, to stifle students' crimes signs. Vigorously carry out lectures about campus warning education, through the typical case study of college students crime, warning college students to know the laws and keep the laws in mind.

**Attaching Importance to Educational Practice**

Educational practice should be based on the objective reality of problem college students to take concrete and effective practice.

**Rich Extracurricular Life, Carry out Extra-curricular Activities.**

Colleges and universities should hold different types of lectures, broaden the horizons of students, so that problem college students in the knowledge of the ocean will learn to deal with interpersonal relationships, love and other issues, a good grasp of learning methods and self psychological dredge. Encourage problem college students to actively participate in community and campus literary activities, in a relaxed atmosphere to find their own value, increasing enjoyment of life. Call for problem college students to join volunteers, internships and other extra-curricular activities, then problem college students are not confined to their own narrow circle of life, in many ways, fully exercise their own, to accumulate social experience, to enhance physical and mental quality, to face life positively.

**Individual Guidance, Teach Students In Accordance With Their Aptitude.** Treating different types of problem college students, the teacher's educational practice should be flexible and diverse. For the personality, psychological, behavioral problems of college students, teachers should be treated differently. For example, the problem of college students with a strong sense of self-esteem, teachers should try not to openly criticize and embarrass them. Dealing with the problem of inferiority, teachers should pay more attention and active
praise, etc. Problem college students have the same flash point, the need for teachers to dig carefully to help them eliminate their problems, showing the light.

**Play An Exemplary Role, Strengthen Positive Education.** The internal students in the class have more contact with the problem students, and they have a better understanding of the living habits and behavior of problem college students. Therefore, colleges and universities should advocate "group one", "peer counseling" mode, playing an exemplary role in practice, to form a good atmosphere of mutual help. At the same time to deal with improper behavior, colleges and universities should warn against criticism, and serious should be given appropriate punishment. The role of an example is like a sign, it will provide the direction for problem college students who get lost.

**Summary**

At present, the education of problem college students is a complicated systematic project, involving the school, family and society in all aspects, which relates to social harmony and development. At the same time, there is not a complete set of education system for problem college students with special assistance. Therefore, colleges and universities should pay attention to the education approaches' improvement and innovation for problem college students, promoting the ability of problem college students' education management, striving to build a complete system of education for problem college students.

**References**